

# METHODS AND DEVICES FOR REPAIRING TRIANGULAR FIBROCARTILAGE COMPLEX TEARS

## Abstract

Methods and devices for repairing the TFCC of a patient's wrist are provided. In general, the device includes first and second anchor bodies that are connected to one another by a suture. The first anchor body is configured to be passed through a portion of the TFCC of a patient's wrist and an anchoring tissue, preferably using a delivery device, such that the first anchor body is positioned across a torn portion of the TFCC, the second anchor body is positioned across the anchoring tissue, and the suture extends therebetween. The suture can then be tensioned to anchor the TFCC to the anchoring tissue.